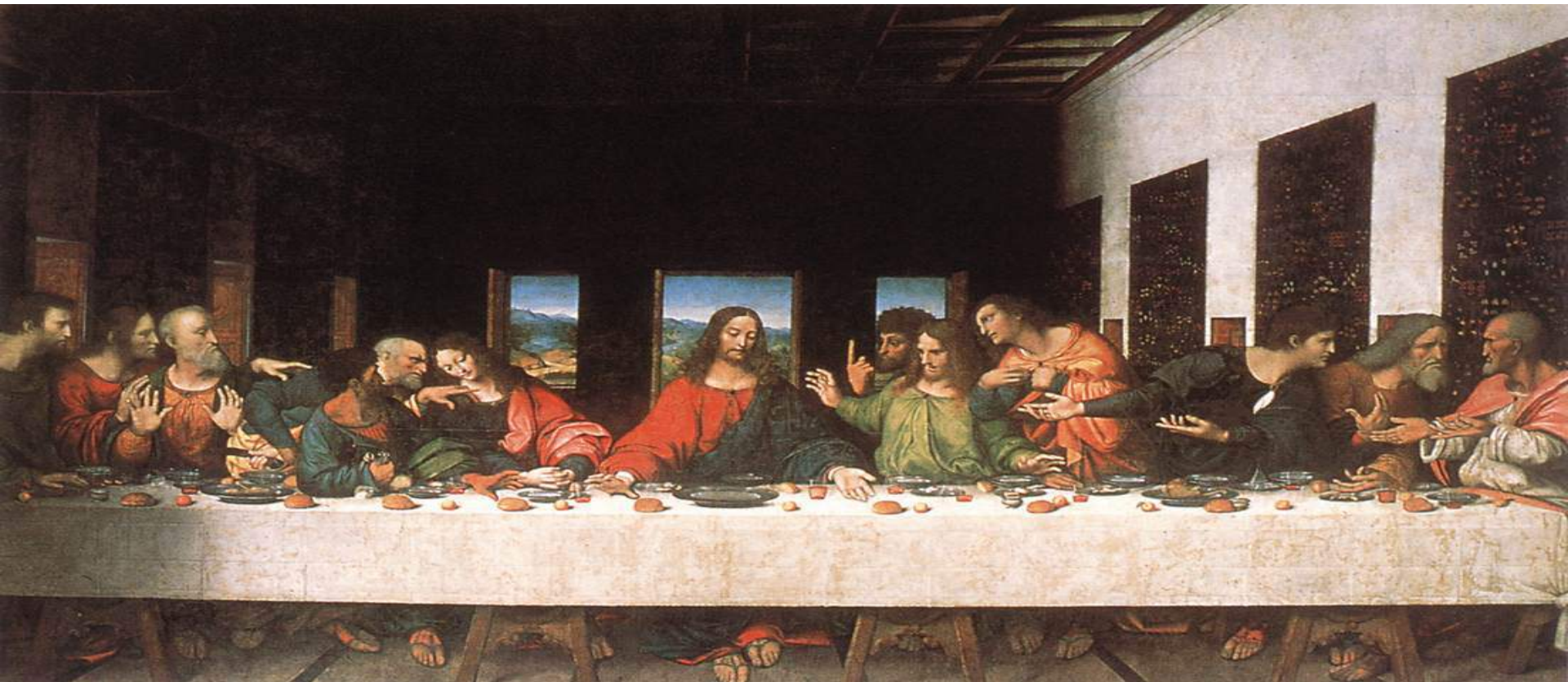


Board Culture & Your Contribution



- partnering with the college
- becoming internally integrated

Your emotions



pride,
courage,
determination,
excitement,
'righteous' anger

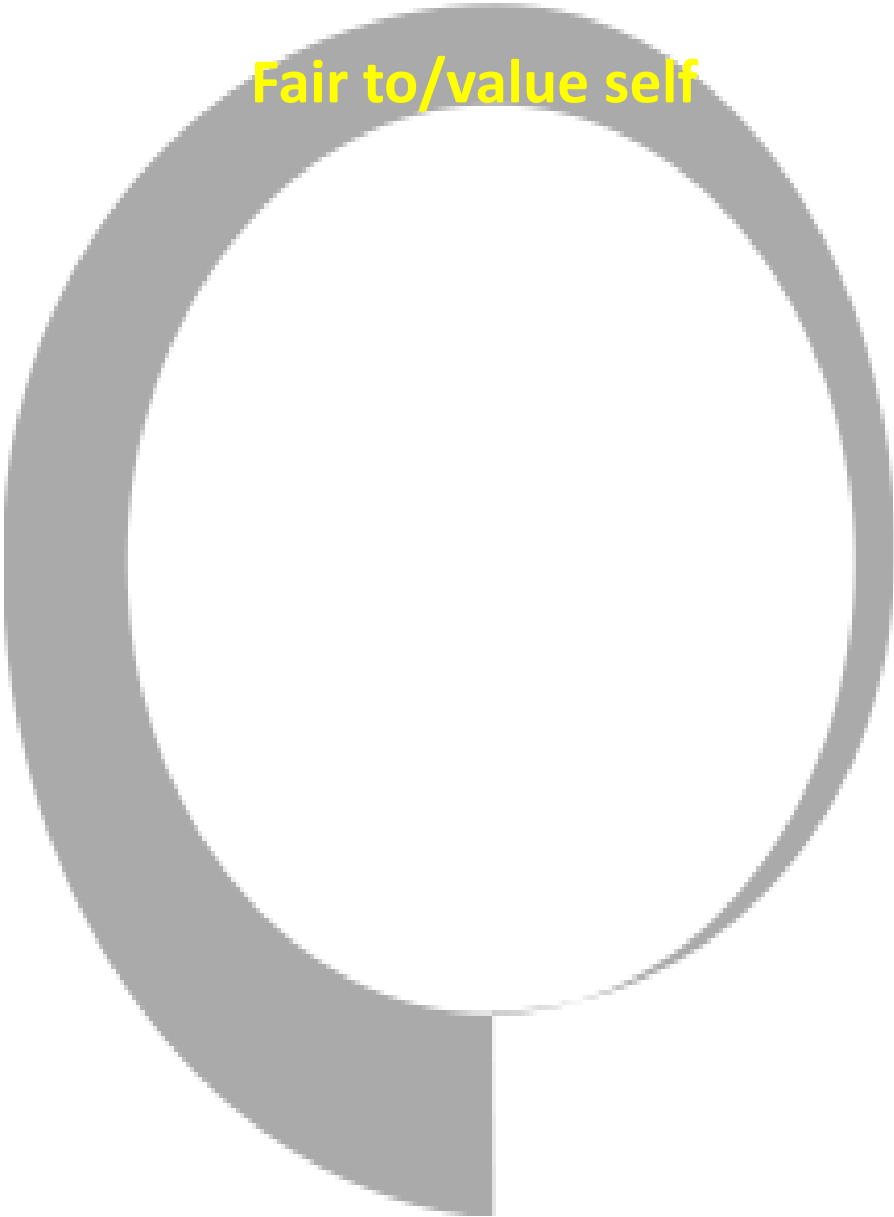
kindness,
contentment,
gratitude,
duty,
'restorative' guilt

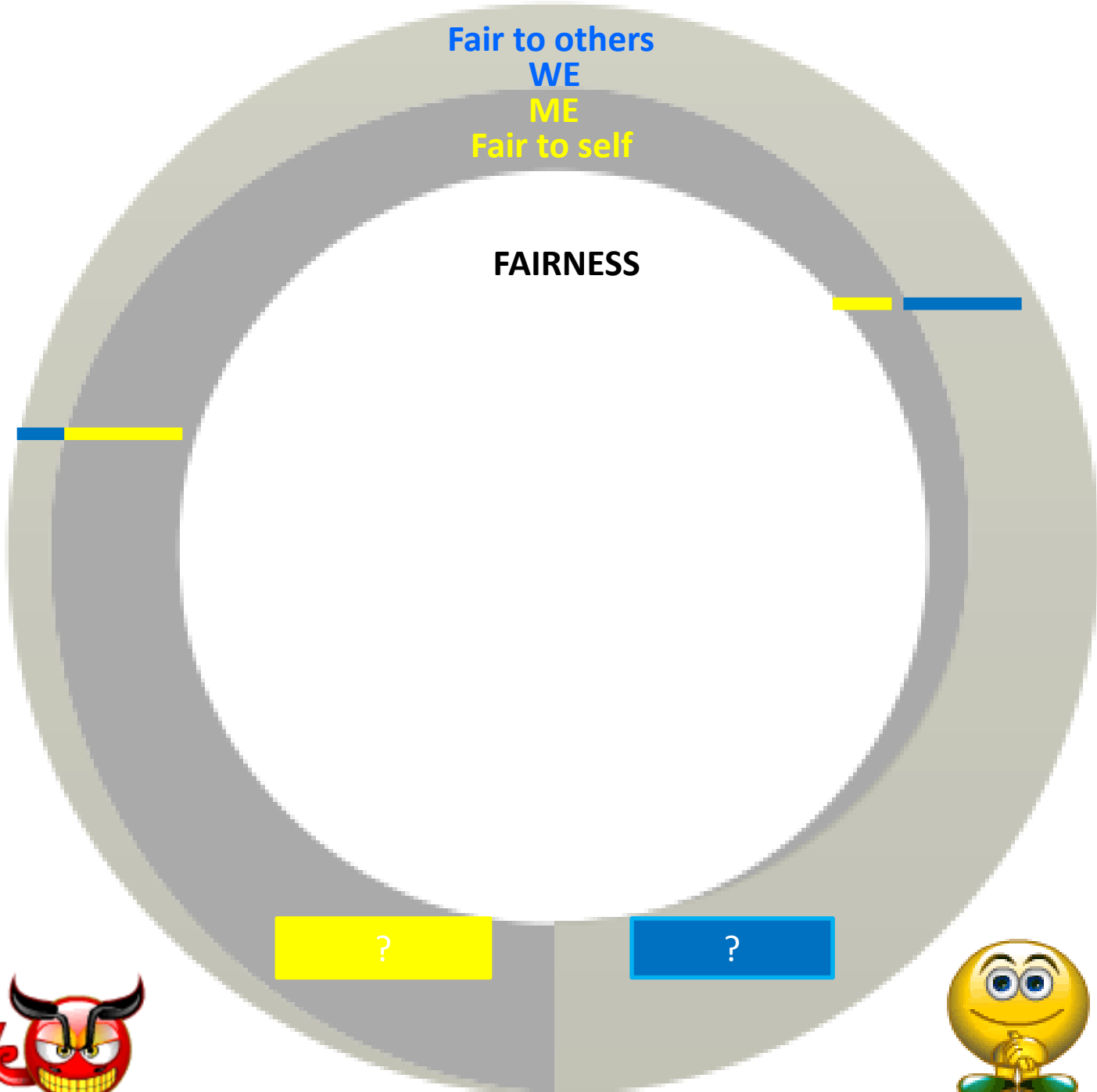
jealousy,
envy,
contempt,
resentment,
arrogance

doubt,
embarrassment,
anxiety,
shame,
humiliation

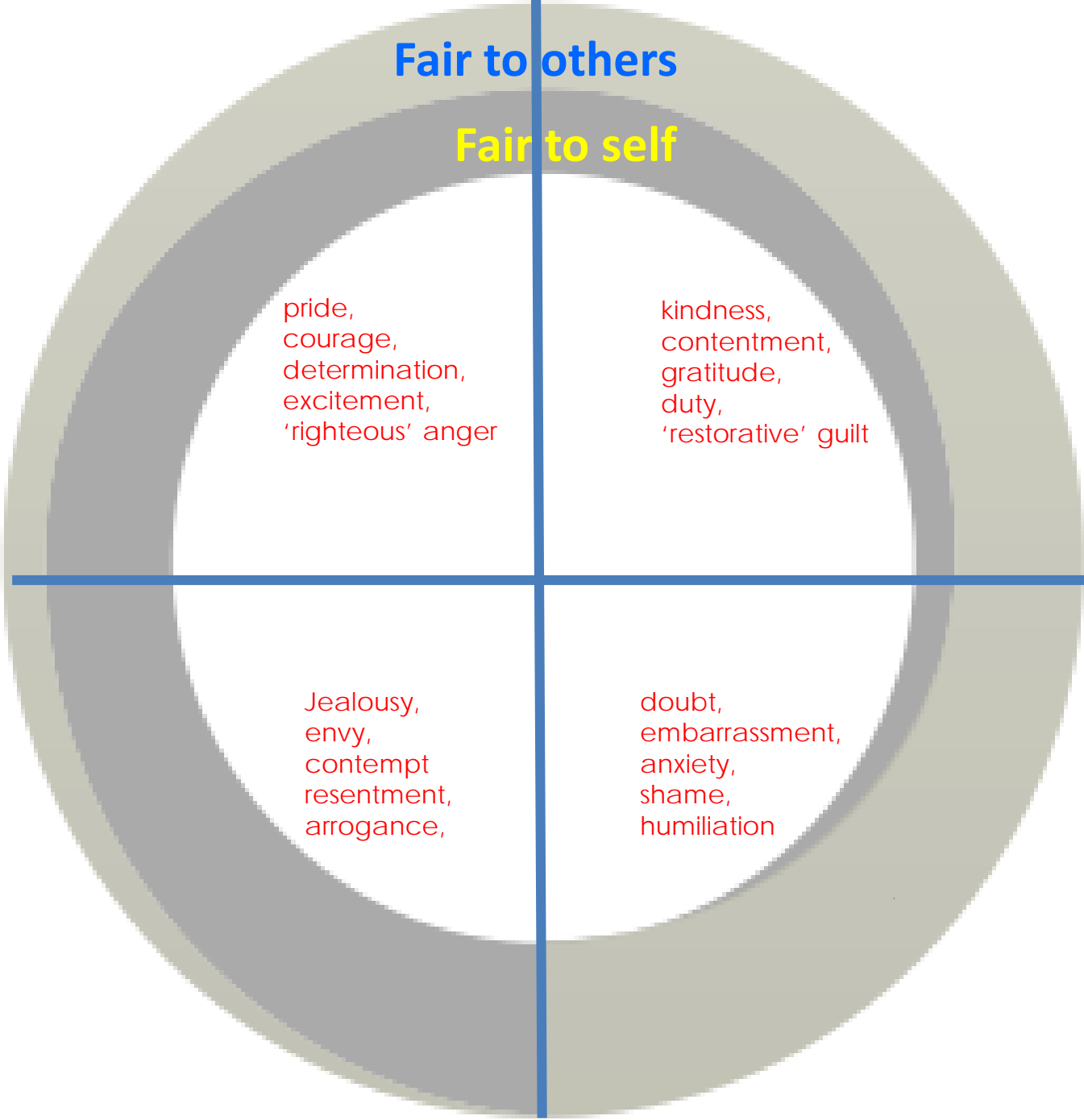
Fair to/value self

Fair to/value others





SELF-HOOD



Fair to others

Fair to self

pride,
courage,
determination,
excitement,
'righteous' anger

kindness,
contentment,
gratitude,
duty,
'restorative' guilt

Jealousy,
envy,
contempt
resentment,
arrogance,

doubt,
embarrassment,
anxiety,
shame,
humiliation

Motives

*Do own thing, at cost to others
(to have control/power)*

*Contribute to shared purpose and achievement
(to be valued)*

*Personal Best
(to enhance personal status/influence)*

*Put self down
(to seek reassurance)*

SELF-HOOD

calm, open & extravert

*Personal Best
(to achieve status)*

pride,
courage,
determination,
excitement,
'righteous' anger

*Contribute to shared purpose
(to be valued)*

kindness,
contentment,
gratitude,
duty,
'restorative' guilt

calm, open, conscientious & agreeable

What about Personality?

jealousy,
envy,
contempt,
resentment,
arrogance,

doubt,
embarrassment,
anxiety,
shame,
humiliation

closed, unconscientious, disagreeable & Impulsive

*Do own thing,
at cost to others
(to keep control)*

Put self down (to seek reassurance)

closed, introvert & cautious

Attitude/ Identity

Superior

Gratitude

Inferior

Competitive

SELF-HOOD

calm, open & extravert

*Personal Best
(to achieve status)*

pride,
courage,
determination,
excitement,
'righteous' anger

Competitive

Superior

jealousy,
envy,
contempt,
resentment,
arrogance

closed,
unconscientious,
disagreeable

*Do own thing,
at cost to others
(to keep control)*

*Contribute to
shared purpose
(to be valued)*

kindness,
contentment,
gratitude,
duty,
'restorative' guilt

Grateful

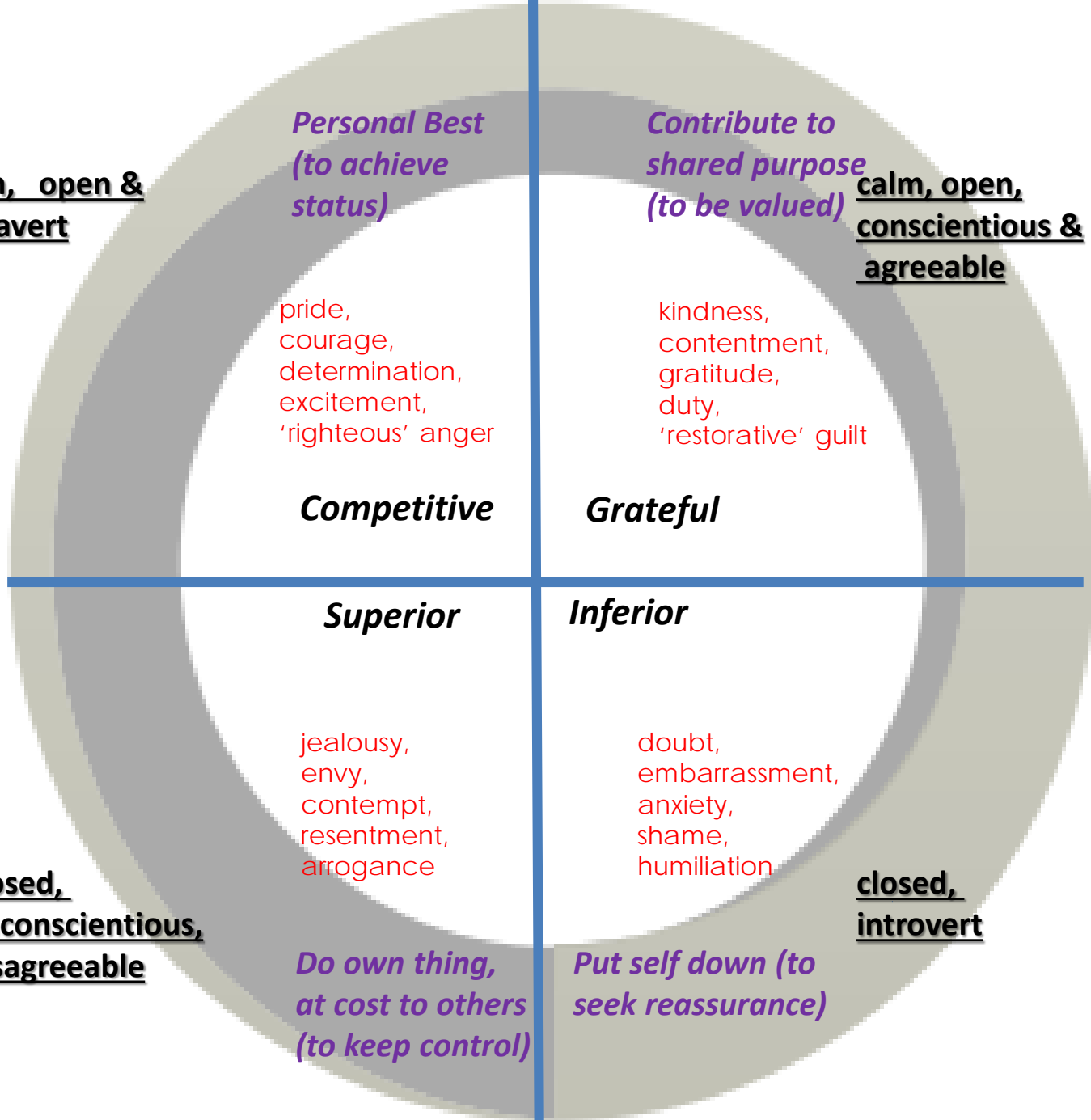
Inferior

doubt,
embarrassment,
anxiety,
shame,
humiliation

calm, open,
conscientious &
agreeable

*Put self down (to
seek reassurance)*

closed,
introvert



SELF-HOOD

STANCES

PERFORMING

calm, open & extravert

*Personal Best
(to achieve status)*

pride,
courage,
determination,
excitement,
'righteous' anger

Competitive

Superior

jealousy,
contempt,
resentment,
arrogance,
suspicion

closed,
unconscientious,
disagreeable

*Do own thing,
at cost to others
(to keep control)*

TAKING OVER

*Contribute to
shared purpose
(to be valued)*

kindness,
contentment,
gratitude,
duty,
'restorative' guilt

Grateful

Inferior

doubt,
embarrassment,
anxiety,
shame,
humiliation

*Put self down (to
seek reassurance)*

TEAM PLAYING

calm, open,
conscientious &
agreeable

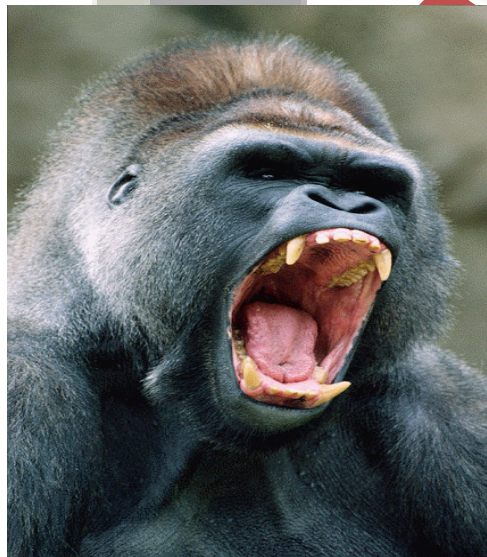
closed,
introvert

TAKING
THINGS
TO HEART



chuffed

kind

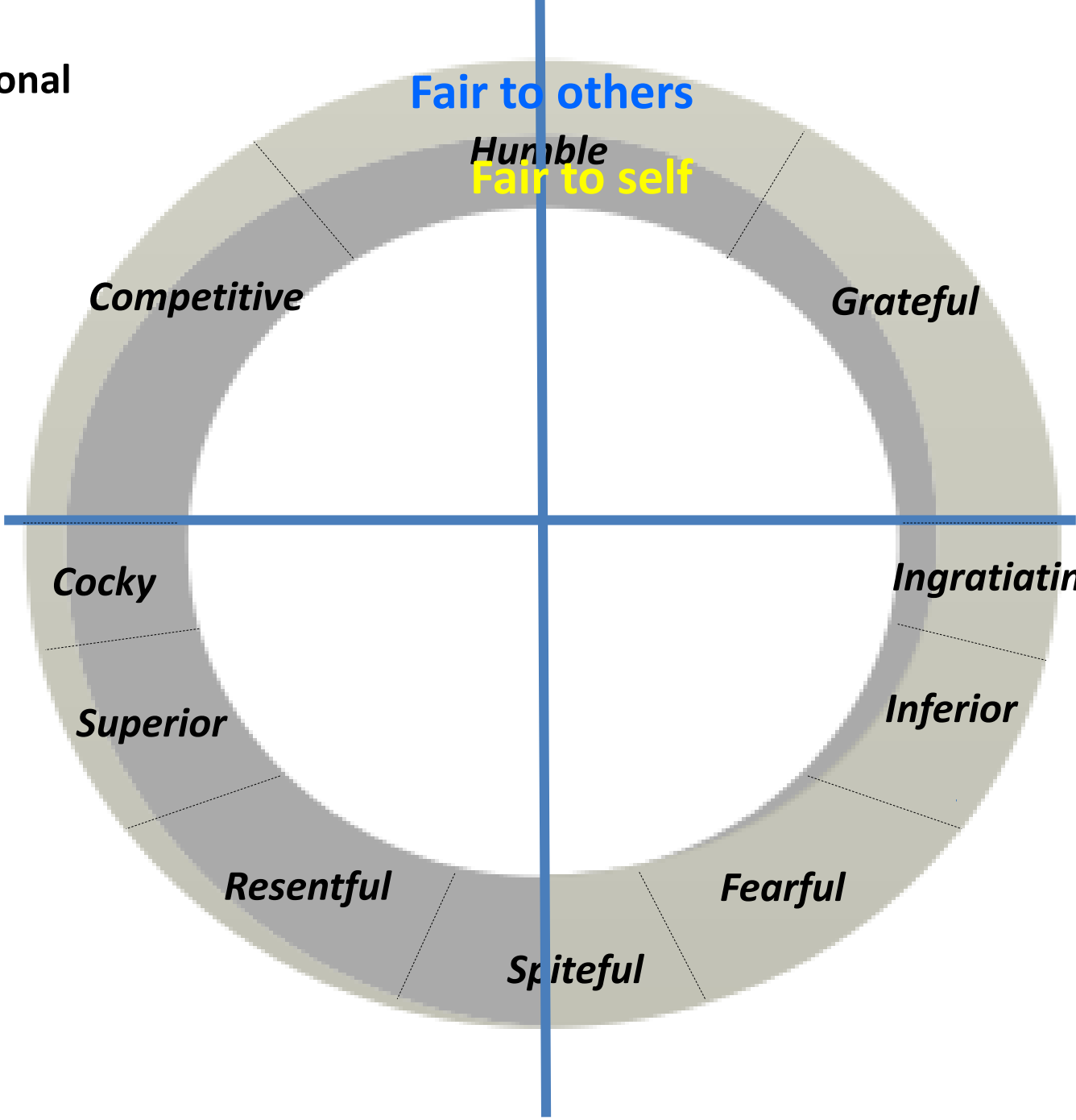


bossy

shaky



**Interpersonal
Attitudes**



Fair to others

Humble
Fair to self

Competitive

Grateful

Cocky

Ingratiating

Superior

Inferior

Resentful

Fearful

Spiteful



Emotions



Personality

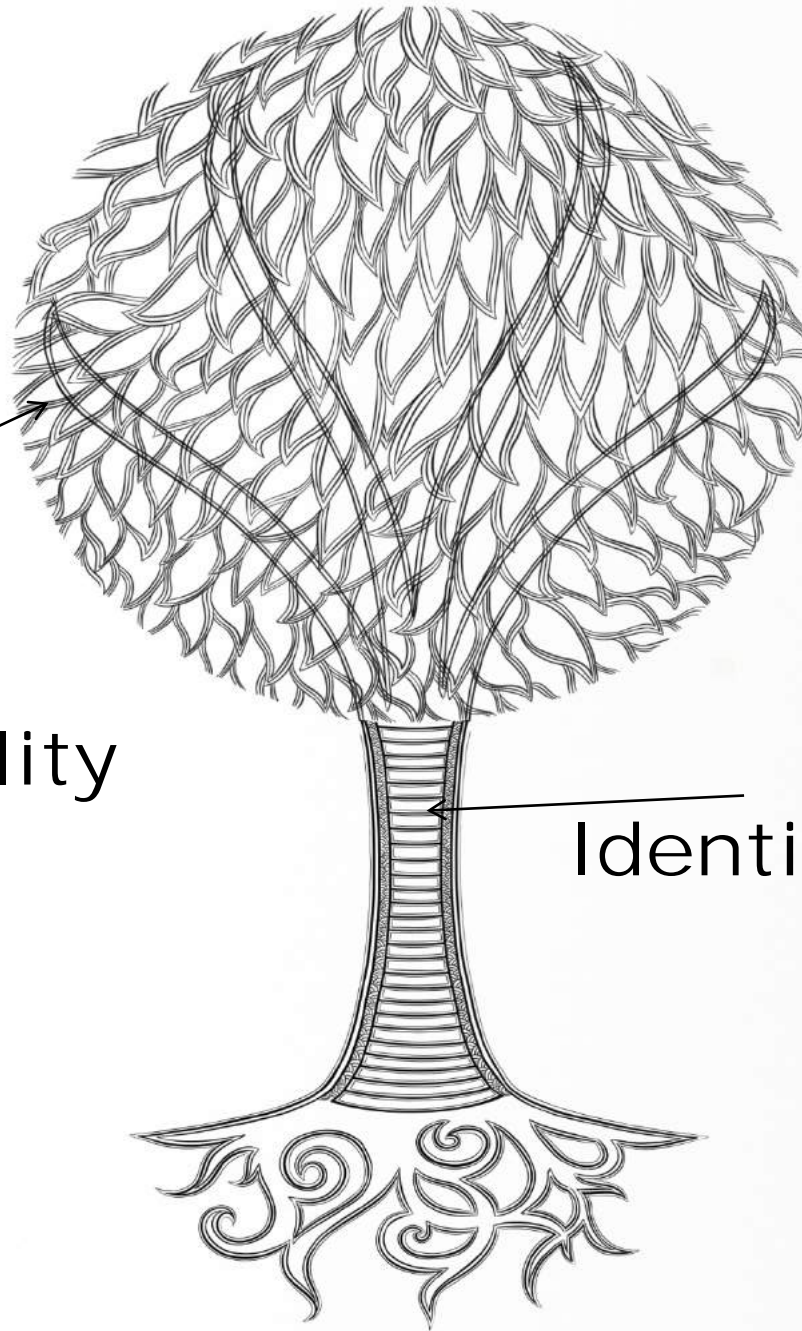
The 4 elements
Of SELFHOOD

Motives

Personality

Identity

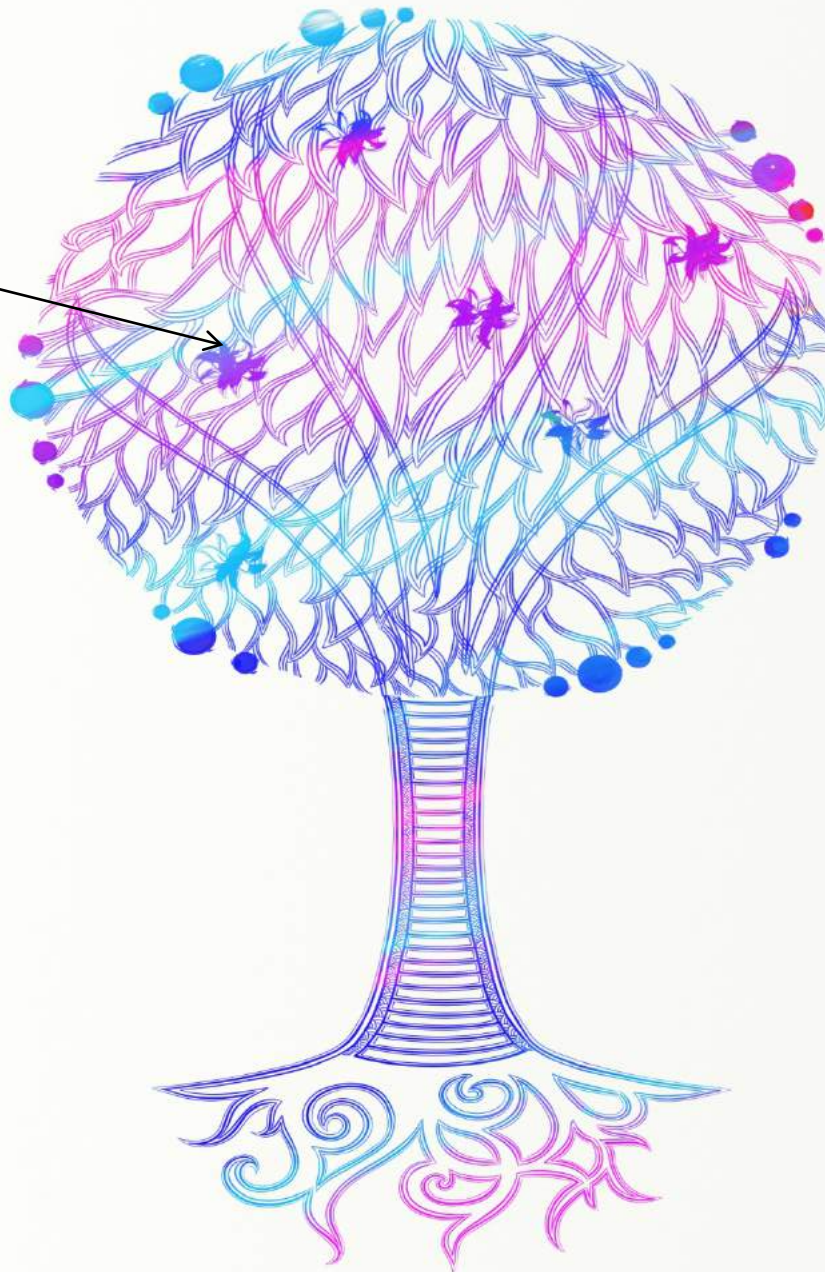
Emotions

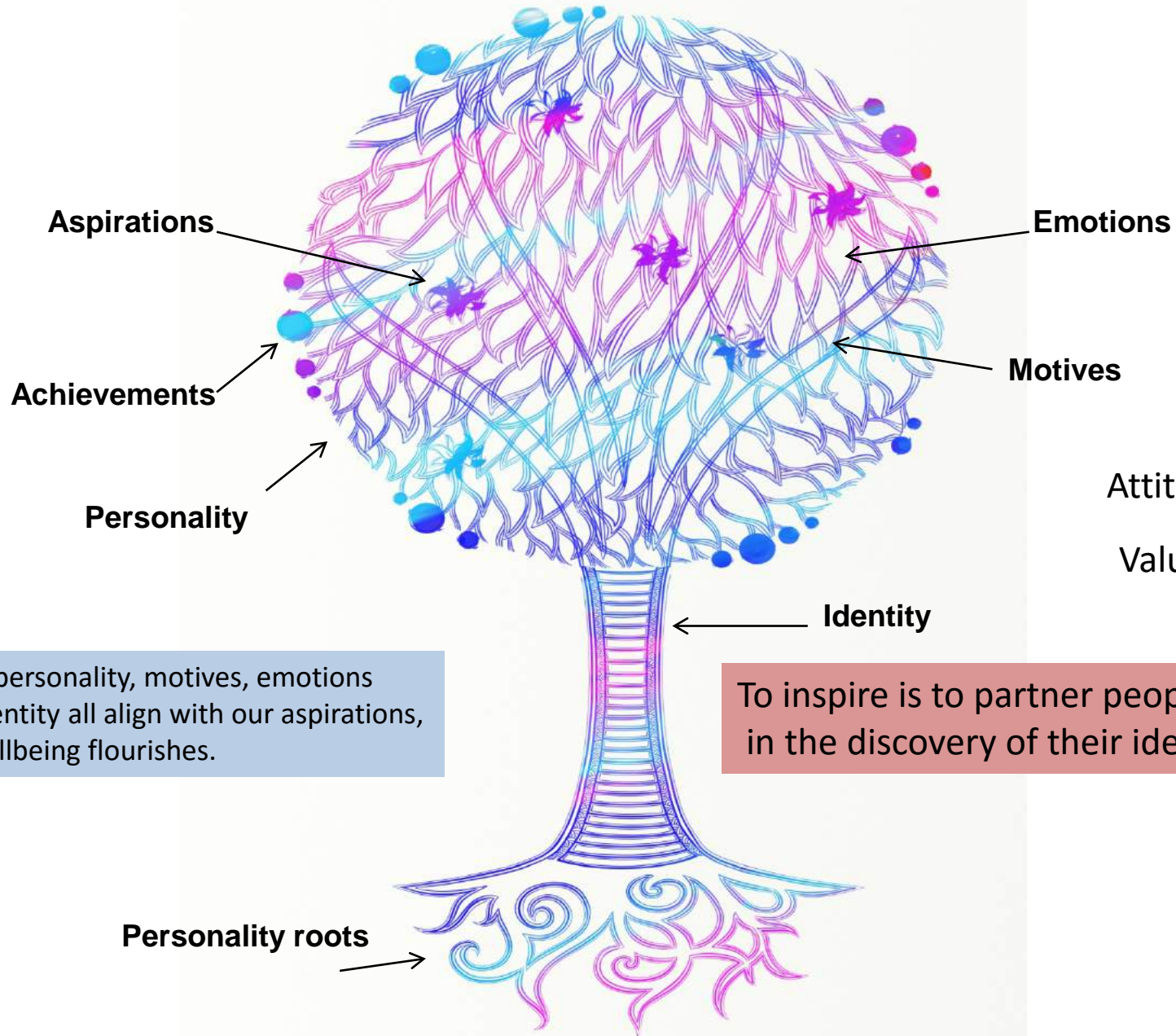


Aspirations



Achievements



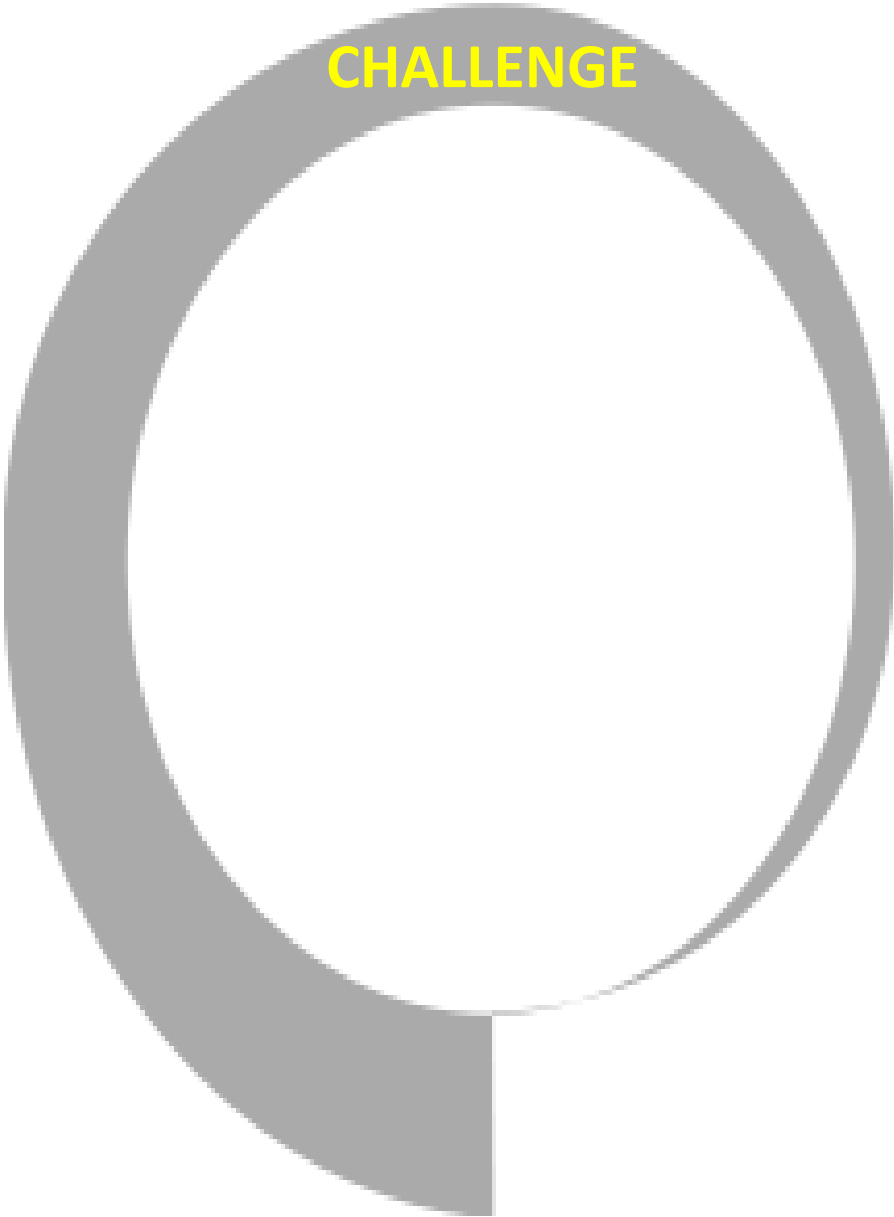


When personality, motives, emotions and identity all align with our aspirations, our wellbeing flourishes.

To inspire is to partner people in the discovery of their identities.

CHALLENGE

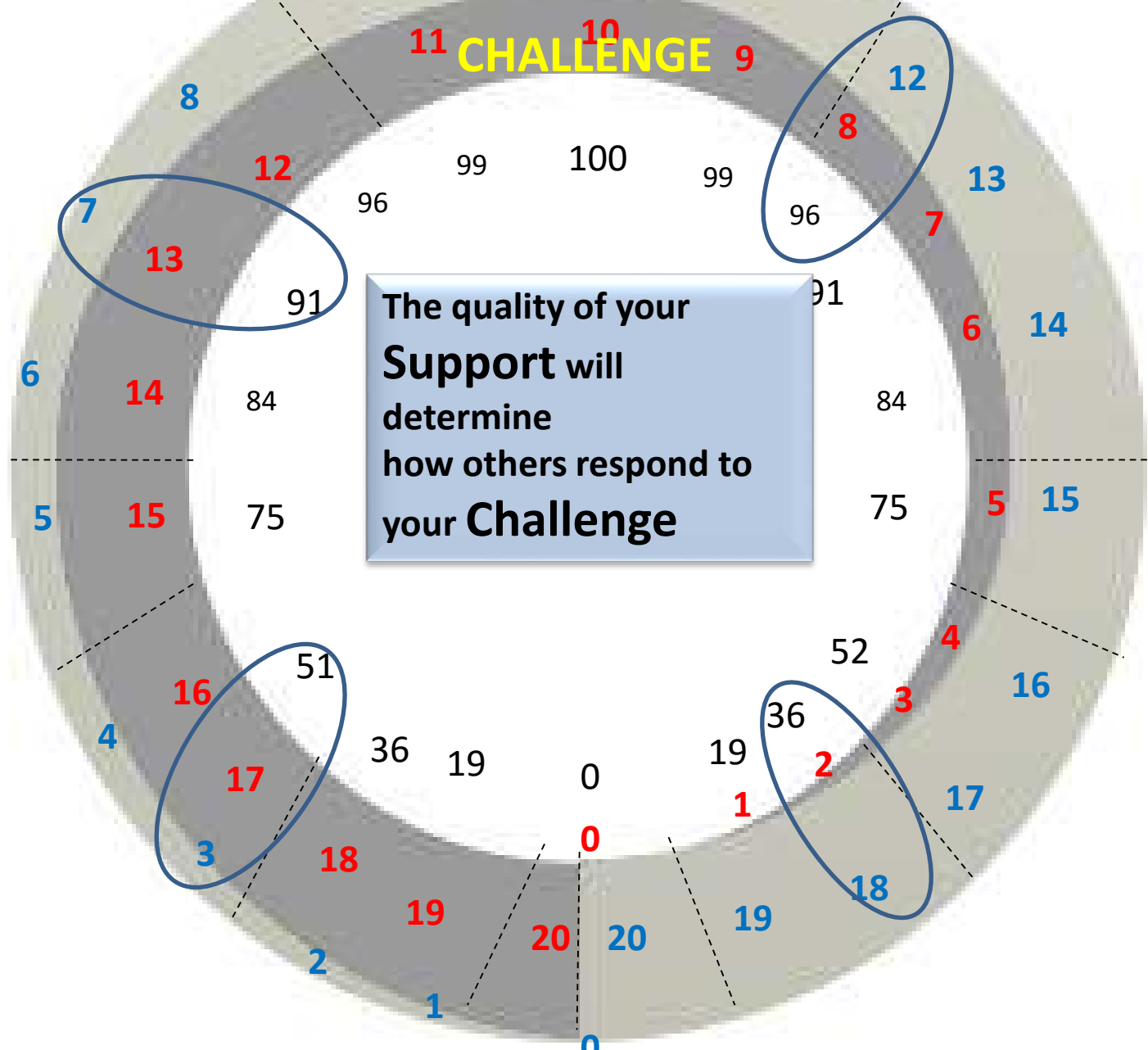
SUPPORT



SUPPORT

9 10 11

CHALLENGE



The quality of your **Support** will determine how others respond to your **Challenge**

Support

Challenge

Squeezing



Hugging



Bruising



Smothering



