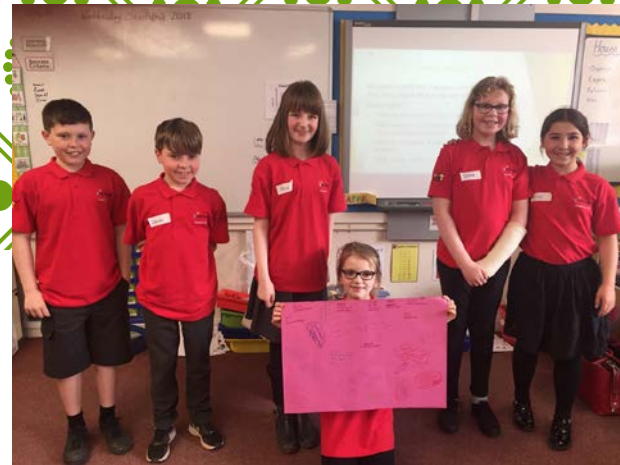




c i C
Careers in Care



Edinburgh College partnership with schools in Edinburgh and the Lothians.

INTRODUCTION

Jen Russell – Curriculum leader in
Childhood Practice.

Angie Thomson - Lecturer in
Childhood Practice.



WHAT IS CIC

CiC stands for Careers in Care.

It is a new programme set up in 2018 to address the long term workforce needs of The Scottish Government 2020 Blueprint as well as encouraging role gender equality.



COURSE STRUCTURE

- The programme encourages children to think about different careers, especially careers in care.
- Children are enrolled as a college student for 6 days over 6 weeks. The course is a mixture of attending college and working as a member of staff on a placement.
- We look at a variety of careers within care as well as the skills we use for many careers. These skills could be used in many other professions, not just care.



ATTENDING COLLEGE



We have 4 campuses; Sighthill, Granton, Midlothian and Milton road.

We liaise with the school to agree what the easiest campus is for travel.

Risk assessing for the children coming to college is vital, we provide red CiCer t-shirts to increase visibility.

Students have lunch in the canteen and can bring a packed lunch or money for the canteen.

The class teacher and lecturer are with the children at all times during your time in college.



SPECIAL GUEST SPEAKERS

We invite a variety of professionals from other areas of the care sector who are willing to share their experience of working within care.



LINKS TO THE CURRICULUM FOR EXCELLENCE

Opportunities to carry out different activities and roles in a variety of settings have enabled me to identify my achievements, skills and areas for development. This will help me to prepare for the next stage in my life and learning.

HWB 2-19a

When I engage with others, I can respond in ways appropriate to my role, show that I value others' contributions and use these to build on thinking.

LIT 2-02a

I can show my understanding of what I listen to or watch by responding to literal, inferential, evaluative and other types of questions, and by asking different kinds of questions of my own.

LIT 2-07a

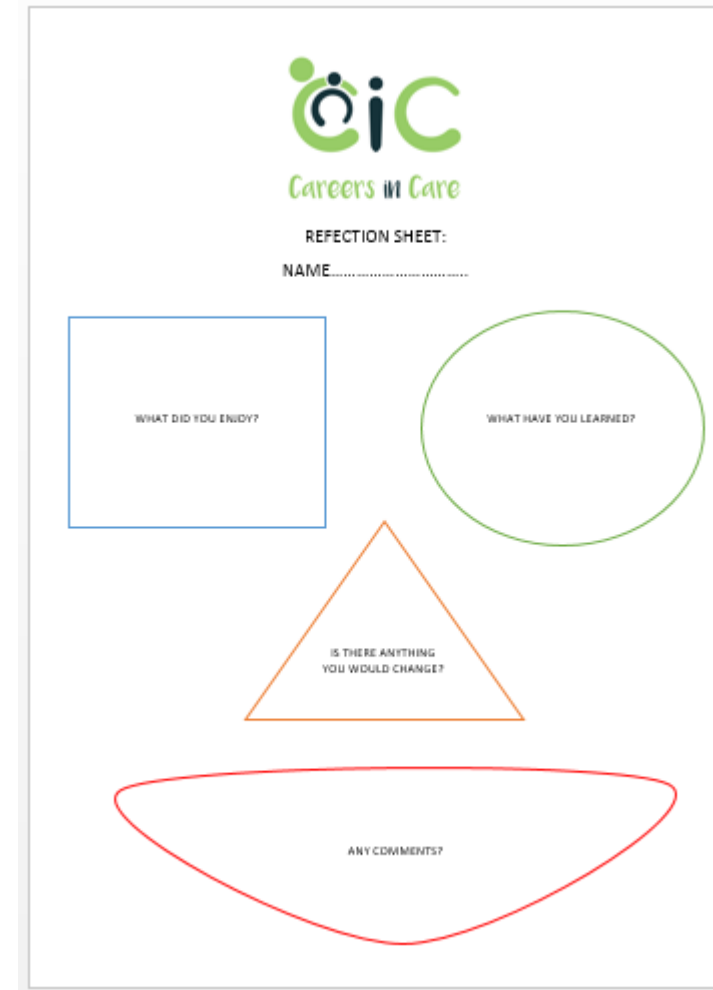


REFLECTION

Within childcare we encourage reflective thinking on all levels.

On the CiC course we encourage the children to think about their experiences each day and give honest feedback.

We also start looking at SMART objectives and how we can achieve goals.







The reflection sheet is titled 'REFLECTION SHEET:' and includes a 'NAME.....' field. It features four distinct shapes for reflection: a blue square for 'WHAT DID YOU ENJOY?', a green circle for 'WHAT HAVE YOU LEARNED?', an orange triangle for 'IS THERE ANYTHING YOU WOULD CHANGE?', and a red oval for 'ANY COMMENTS?'. The logo for 'CiC Careers in Care' is at the top.

MINDFULNESS

Following on from reflection we also encourage the children to take time to think about their body and how it responds to feeling such as stress, hunger and anxiety.

We do group tasks to show ways we respond to these feelings.

How to Breathe

| | |
|--|--|
| One: SUN Look up to the sky and take a deep breath.  | Two: SHOE  Breathe all the way down to your foot in your shoe. |
| Three: ME  Breathe up from your shoes and all the way to your head! | Four: ONE MORE!  If the first three felt good, try one more! |

PARENTAL INVOLVEMENT

We invite the adults from home to join us on day 1 of the course to gain an overview and answer any questions.

Each week the children set their own personal challenge to support the development of them thinking as an 'adult'.

Adults from home are invited to attend the graduation ceremony where the children showcase their learning and receive their certificate of attendance on the course.



QUESTIONS SO FAR

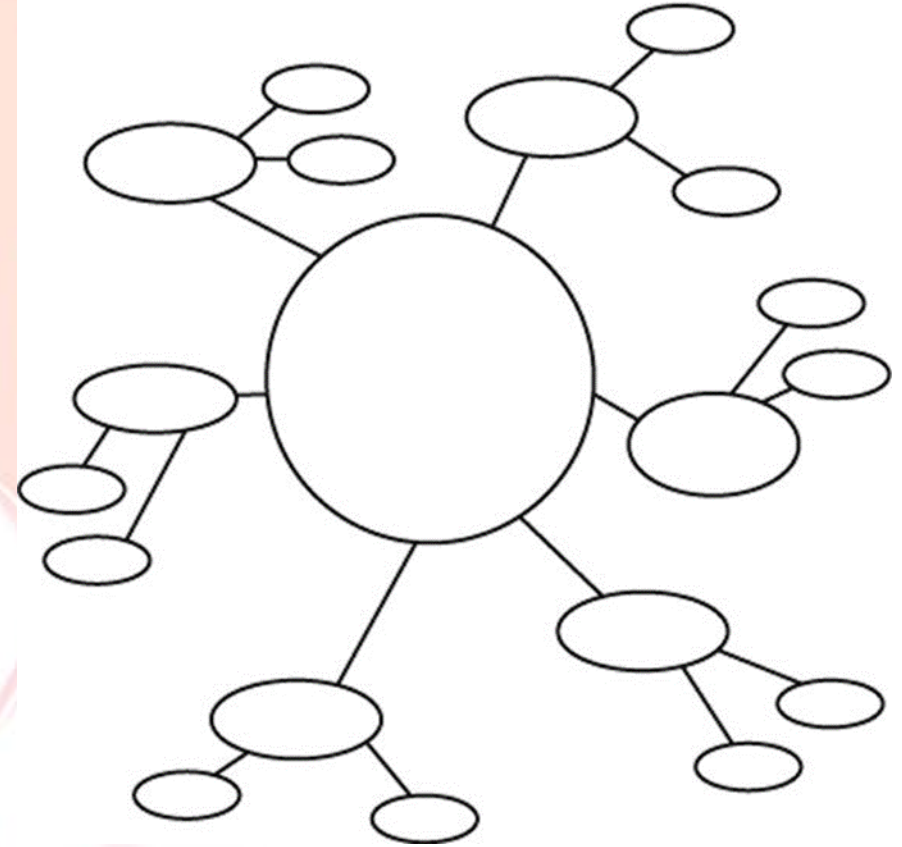


GROUP TASK

We're going to do a quick task on workforce development.

Using the paper provided, in small groups think about working with people and the skills needed.

What skills do you think would be most useful for future students and why? Link it to your own area if that is more useful.



FEEDBACK AND FINAL QUESTIONS

Share the ideas you had in your group.

Any further questions.

Thanks for taking the time to listen to our presentation on the CiC programme.



Careers in Care