

Introducing

# Adult nurse



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## About the role

Nurses help adults cope with illness, treatment and recovery by assessing their needs, writing care plans and monitoring progress during medical care.

“The thing I like most about being a nurse is caring for people and helping them. Even the small things mean a lot to people, especially if they are feeling unwell.”

– Staff nurse

### Did you know?

There are over 46,800 registered nurses working in the NHS in Scotland.<sup>(1)</sup>

#### → You can get into this career through:

1. a Scottish Widening Access Programme (SWAP) course
2. an HNC Care and Administrative Practice course
3. an Open University programme
4. a nursing degree programme
5. a return to practice programme

#### ☆ Top skills:

- caring for people
- working in a team
- communicating with people
- problem-solving skills
- critical thinking skills
- helping people

When you've successfully completed an approved nursing degree programme, you can register with the Nursing and Midwifery Council (NMC). If you're returning to practise as a nurse, you'll need to apply for readmission to the register at the end of your course.

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#### References:

1. ISD Scotland, NHSScotland workforce data, June 2019



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# Children's nurse



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## About the role

Children's nurses care for sick, injured or disabled children and young people. They provide comfort and reassurance to patients and their parents or carers in difficult or stressful circumstances.

“Children's nursing can be challenging and supporting families is very much part of the role. One minute you can be caring for a baby, the next a toddler and the next a teenager. It makes me feel proud I can make a difference to people's lives.”

– Staff nurse

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# Learning disability nurse



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## About the role

Learning disability nurses support people of all ages with learning disabilities to help them lead active, independent and healthier lives. They work in hospitals, in the community and in people's homes.

**“It takes a certain type of person to be a learning disability nurse. It needs to be your passion. It's made me want to empower people with learning disabilities to be included in society, to give them a voice and to promote independence.”**

*– Staff nurse*

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# Mental health nurse



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## About the role

Mental health nurses help people improve their wellbeing and recovery from mental health problems. They work in hospitals, in the community and in people's homes.

“Mental health nursing is really rewarding. Each day is different, and the needs of each patient are different. You can make such a difference to how someone is feeling just by talking to them and supporting them to live the life they want to.”

– Staff nurse

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# Midwife



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## About the role

Midwives provide support to women before, during and after childbirth making sure babies receive the care they need at the earliest stages of life.

“A lot of people think midwifery is just about looking after babies. The word ‘midwife’ means ‘with woman’. I support and care for women for the nine months they are pregnant, during labour and postnatally, once baby is born.”

– Midwife

### Did you know?

The nursing and midwifery workforce is the largest staff group in NHSScotland.<sup>(1)</sup>

#### → You can get into this career through:

1. a midwifery degree programme
2. a return to practice programme

#### ☆ Top skills:

- caring for people
- working in a team
- communicating with people
- problem-solving skills
- critical thinking skills
- helping people

When you’ve successfully completed an approved midwifery degree programme, you can register with the Nursing and Midwifery Council (NMC). If you’re returning to practise as a midwife, you’ll need to apply for readmission to the register at the end of your course.

Find out more at [www.careers.nhs.scot/midwife](http://www.careers.nhs.scot/midwife)

References:

1. ISD Scotland, NHSScotland workforce data, June 2019



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