



HCSW Newsletter - Special Edition

Welcome to the special edition of the Nursing, Midwifery and Allied Health Professions (NMAHP) Healthcare Support Worker Newsletter

We have replaced the April edition of the HCSW newsletter with this special edition which raises awareness of the dedicated **Support Worker page on Turas Learn** where a variety of resources are available to support you during COVID-19 pandemic.

If you work in any health or care setting, we hope you will find the information, guidance and resources helpful.



Turas Learn COVID-19 site – Support Workers

The resources are designed to be used for self-study, or as part of rapid induction programmes for staff who required to work in different ways or different settings or teams due to the COVID-19 response across Scotland. These resources may also be useful for registrants returning to practice.

The Support Worker site is divided into two section:

1. Working safely
2. Information for support workers in health and care settings

We have gone through rapid development of the following topics, which have a PDF document and an accompanying PowerPoint presentation.

- Making delegation safe and effective
- Keeping a record of care
- Recognising and reporting people who are deteriorating
- Communicating with and supporting people
- Team working in rapidly changing environments (PowerPoint only)
- Looking after yourself and others during COVID-19: A resource for team leaders (coming soon)

You will also find links to the most up-to-date infection prevention and control guidance and resources within the **working safely section**.

As the TURAS Learn COVID-19 site is rapidly evolving, please visit regularly to see the latest information and resources and let us know if you feel there are any gaps that need to be addressed.

If you are a team leader or educator, our information and resources can be used to support rapid induction sessions.

Access the Support Worker page on Turas Learn at

<https://learn.nes.nhs.scot/28985/coronavirus-covid-19/support-workers>

Please send us any comments or queries via the dedicated NMAHP COVID-19 e-mail address NMAHPcovid-19enquiries@nes.scot.nhs.uk

Our HCSW e-mail is active but it may take longer for us to reply to you.

Looking after yourself: supporting resilience and wellbeing in health and care workers

Many health and care workers are likely to feel stressed and under pressure during the COVID-19 outbreak – this is perfectly natural and indeed is a reaction to a very abnormal set of circumstances. Remember we all need to look after ourselves first to ensure we are then able to take care of other people.

You will find some useful resources to support your wellbeing on the [Covid-19 Turas Learn site](#).

Information to support you and your family

You will find up-to-date information and Scotland-specific guidance relating to infection prevention and control on the [Health Protection Scotland](#) website.

As this is a rapidly changing landscape, guidance can change quite quickly and therefore updates are made to reflect the changes, so please visit the site regularly.

Information for the public on COVID-19 can be found on [NHS Inform](https://www.nhs.uk/information-for-the-public/)



Stay safe, stay well and stay connected – we are here to support your educational needs.



Get in touch at NMAHPcovid-19enquiries@nes.scot.nhs.uk with any queries, we are here to support you and your voice matters.



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Go to <http://eepurl.com/qt3fF9> and complete the short sign up form.



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