**Health and Wellbeing Award 2023 Entry Form**

Please return completed entry forms by email to: [awards@cdn.ac.uk](mailto:awards@cdn.ac.uk)

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| **College** |  | |
| **Lead Contact** |  | |
| **Email Address** |  | |
| **Telephone** |  | |
| **Title of Submission** |  | |
| **Activity**  *Please confirm that this entry relates to activity which took place in academic year 2022-23.* | | Yes/No *(delete as appropriate)* |
| **Approval**  *Please confirm that this submission has the approval of the Principal.* | | Yes/No *(delete as appropriate)* |
| **Showcase**  *We like to share college best practice on CDN’s marketing channels, including website, social media and publications.*  ***Please check this box if you are* NOT *happy for this submission to be shared on CDN’s marketing channels.*** | | |
| *We would like to contact you about additional opportunities to showcase and share your submission e.g. future face-to-face/online events; creation of case studies.*  ***Please check this box if you are* NOT *happy for CDN to contact you*** | | |

**Award Criteria**

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| This award recognises a college that has made a significant contribution in addressing the health and wellbeing needs of its staff and students, particularly within the context of supporting staff and students remotely.  **Entries should evidence:**   * A strategic approach for supporting health and wellbeing improvement activity within the college setting * Health and wellbeing improvement initiatives which are proactive in their response and are sustainable * Health and wellbeing improvement initiatives which recognise different dimensions of health including physical, emotional and mental health * How these initiatives have impacted individually and collectively on staff and student resilience, motivation, and performance * What is unique about this piece of work and why. |

Using the box below please summarise your submission (**in no more than 200 words)**

**NB.** If your submission is shortlisted, the Executive Summary below will be included in the College Awards 2023 Shortlist Summary booklet (view the 2022 booklet [HERE](https://indd.adobe.com/view/9b7dade8-805e-4a69-a5e7-b2c3b2391ce5))

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| **Word Count**  *(maximum 200 words)* | **Executive Summary** |
| ***Supporting images are welcome and may be used to promote shortlisted submissions.*** | |

Explain to the judges (**in no more than 1,000 words**) why your submission should win this award**. NB.** Your explanation will align to and reflect the substance of the award criteria.

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| **Word Count**  *(maximum 1,000 words)* |  |
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